

Activities

Lunch Served Daily

Monday-Friday: 11:15am-12:30pm

MAP - Medicare Counseling

Monday: 10am-2pm

Wednesday: 10am-12pm

Texas Hold 'Em

Monday-Friday: 9am-12pm

Stretch & Tone Exercise

Monday, Wednesday, and Friday:
9am-10am

Bingo

Monday, Wednesday, and Friday:
12pm-1:30pm

Catholic Charities Benefit

Enrollment

Wednesday 10am-12pm

Bean Bag Baseball

Tuesday & Friday: 1:30pm-4pm

Ukulele Group

Monday: 1pm-3pm

Crochet Club

Tuesday: 9am-11am

Grumpy Old Men -Big Band Live

Wednesday: 10:15am-11:30am

Scrabble

Wednesday: 10am-1pm

Mahjong

Thursday: 10am-12pm

Friday: 11am-3pm

Line Dancing and Lessons

Thursday: 1pm-3:30pm

Jus' Right -Hawaiian Music Live Band



Friday: 10am-12pm



HUMAN SERVICES
AGENCY

DECEMBER 2024

Washoe County Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Blood Pressure Clinic 10am-12pm		Senior Advisory Board Meeting 3:00pm – 5:00pm Ballroom Dancing 12:30PM -1:30pm	Flu Shots 11am - 12pm	Senior Coalition Meeting 8:30am
9	10	11	12	13
Blood Pressure Clinic 10am-12pm Leathercrafting 10:00am – 11:30am	Notables Music 11am-12pm	Ballroom Dancing 12:30PM -1:30pm	Healthy Hydration Presentation 11am-12pm	
16	17	18	19	20
Blood Pressure Clinic 10am - 12pm AARP Driver Safety 12:30-4:30pm Paint and Sip 10:00am –1:30am	Assistance League Food Pantry 8am POA/Estate Planning 11am-12pm	Haircuts 10:00am – 1:00pm Restorative Boxing 12:30pm – 1:30pm	Veterans Christmas Banquet 12pm-2pm Food Bank N. NV 8am-10am	Senior Holiday Breakfast 8:30-10am
23	24	25	26	27
Blood Pressure Clinic 10am - 12pm Christmas Carols 11am-12pm		Senior Center Closed for Christmas 		Birthday Friday! 
30	31			
Blood Pressure Clinic 10am - 12pm				